

GENETIC DISPOSITION

What is the color of your eyes?

- 0 Light blue or light green
- 1 Blue, green or hazel
- 2 Light brown
- 3 Dark brown
- 4 Brownish black

What is your hair's natural color?

- 0 Sandy red
- 1 Blonde
- 2 Chestnut / dark blonde
- 3 Dark brown
- 4 Black

What is the color of your (non-exposed) skin?

- 0 Reddish
- 1 Very pale
- 2 Pale with beige tint
- 3 Light brown
- 4 Dark brown

Do you have freckles on areas not exposed to sun?

- 0 Many
- 1 Several
- 2 Few
- 3 Incidental
- 4 None

REACTION TO SUN EXPOSURE

What happens when you stay in the sun too long?

- 0 Painful, redness, blistering, peeling
- 1 Blistering followed by peeling
- 2 Burn sometimes followed by peeling
- 3 Rare burns
- 4 Never burns

To what degree do you brown?

- 0 Hardly or not at all
- 1 Light color tan
- 2 Reasonable tan
- 3 Tan very easy
- 4 Turn dark, brown quickly

Do you turn brown within several hours after sun exposure?

- 0 Never
- 1 Seldom
- 2 Sometimes
- 3 Often
- 4 Always

How does your face react to the sun?

- 0 Very sensitive
- 1 Sensitive
- 2 Normal
- 3 Very resistant
- 4 Never had a problem

TANNING HABITS

When did you last expose your face / body to the sun or artificial tanning device or tanning cream?

- 0 More than 3 months ago
- 1 2-3 months ago
- 2 1-2 months ago
- 3 Less than a month ago
- 4 Less than 2 weeks ago

Do you wear sunscreen or protect your face every time you are outside?

- 0 Always
- 1 Often
- 2 Sometimes
- 3 Hardly ever
- 4 Never

FITZPATRICK SKIN TYPE EVALUATOR

